

# Triennial Assessment Report: Osage Co. R-I 2026 (6/2026)

## District: OSAGE CO. R-I

### Introduction

### Strong Policies and Aligned Practices





		Policy Score	Practice Score	
FR1	Does the district have specific goals for nutrition education designed to promote student wellness?	2	2	☆
FR2	Do your National School Lunch Program meals (and, if applicable, School Breakfast Program meals) meet all federal standards for meal patterns, nutrient levels, and calorie requirements for the grade levels served?	2	2	☆
FR12	Is there food or beverage marketing on the school campus during the school day? If yes, do the marketed items meet Smart Snacks criteria?	2	2	☆
FR14	Is there an official who is responsible for the implementation and compliance with the wellness policy at the building level for each school?	2	2	☆
FR15	How is the wellness policy made available to the public?	2	2	☆
FR16	Is wellness policy implementation evaluated every three years?	2	2	☆
FR17	What is included in the triennial assessment report to the public?	2	2	☆
FR18	Has the wellness policy been revised based on the previous triennial assessment?	2	2	☆
NES1	Does the district offer breakfast every day to all students?	2	2	☆
NES6	Do students have at least 10 minutes to eat breakfast and at least 20 minutes to eat lunch, counting from the time they are seated?	2	2	☆
NES8	Do you know where to access the USDA Smart Snacks nutrition standards to check and see if an item can be sold in school during the school day?	2	2	☆
NES14	Do students have consistent and easy access to free drinking water throughout the school day?	2	2	☆
NE2	Do all elementary school students receive sequential and comprehensive nutrition education?	2	2	☆
PEPA1	 Does the district have a written physical education curriculum that is implemented consistently for every grade?	2	2	☆

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

<b>PEPA2</b>	Does the district have a written physical education curriculum that is aligned with national and/or state standards?	2	2	☆
<b>PEPA3</b>	How does your physical education program promote a physically active lifestyle?	2	2	☆
<b>PEPA7</b>	Are all physical education classes taught by state certified/licensed teachers who are endorsed to teach physical education?	2	2	☆
<b>PEPA8</b>	Is ongoing professional development offered every year for PE teachers that is relevant and specific to physical education?	2	2	☆
<b>PEPA9</b>	What percentage of students do you estimate do not take PE each year due to exemptions?	2	2	☆
<b>PEPA10</b>	What percentage of students do you estimate do not take PE each year due to substitutions?	2	2	☆
<b>PEPA12</b>	 Are there opportunities for all students to engage in physical activity before and after school?	2	2	☆
<b>PEPA13</b>	Is there daily recess for all grades in elementary school?	2	2	☆
<b>EW1</b>	 Are there strategies used by the school to support employee wellness?	2	2	☆
<b>IC1</b>	Is there an active district-level wellness committee?	2	2	☆

## Create Practice Implementation Plan






		<b>Policy Score</b>	<b>Practice Score</b>	
<b>FR5</b>	Do all school nutrition program directors, managers, and staff meet or exceed the annual continuing education/training hours required by the USDA's Professional Standards requirements?	2	1	
<b>FR6</b>	Do all competitive foods and beverages sold to students during the school day meet or exceed the USDA's nutrition standards, commonly called Smart Snacks?	2	1	
<b>FR8</b>	Do all foods and beverages sold in vending machines meet Smart Snack standards?	2	0	
<b>FR9</b>	Do all foods and beverages sold in school stores during the school day meet Smart Snack standards?	1	0	

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<b>FR10</b>	Are there fundraisers that sell foods or beverages to be consumed during the school day? If yes, do the foods and beverages sold meet Smart Snacks standards?	<b>2</b>	<b>0</b>	
<b>FR11</b>	Does your district regulate foods and beverages served at class parties and other school celebrations in elementary schools?	<b>1</b>	<b>0</b>	
<b>NES13</b>	Do teachers or school staff give students food as a reward?	<b>1</b>	<b>0</b>	
<b>NE1</b>	Are skills-based, behavior-focused, and interactive/participatory methods used in nutrition education to develop student skills?	<b>2</b>	<b>1</b>	
<b>PEPA4</b>	How many minutes per week of PE does each grade in elementary school receive?	<b>2</b>	<b>0</b>	
<b>PEPA5</b>	How many minutes per week of PE does each grade in middle school receive?	<b>2</b>	<b>0</b>	
<b>PEPA6</b>	How many minutes per week of PE does each grade in high school receive?	<b>2</b>	<b>0</b>	
<b>EW2</b>	Are school staff encouraged to model healthy eating and physical activity behaviors in front of students?	<b>2</b>	<b>1</b>	
<b>IC2</b>	Is there an active school-level wellness committee?	<b>2</b>	<b>1</b>	

## Update Policies












		<b>Policy Score</b>	<b>Practice Score</b>	
<b>FR4</b>	Is free (i.e., no cost to students) drinking water available to students during meals?	<b>1</b>	<b>2</b>	
<b>FR7</b>	Do all a la carte foods and beverages sold in the cafeteria meet Smart Snacks standards?	<b>1</b>	<b>2</b>	
<b>NES4</b>	Does your school use strategies to maximize participation in the school breakfast program and/or school lunch program?	<b>1</b>	<b>2</b>	
<b>NES11</b>	Do all foods or beverages SERVED (not sold) to students after the school day on school grounds (including aftercare, clubs, and afterschool programming) meet federal nutrition standards (e.g., CACFP or Smart Snacks)?	<b>0</b>	<b>2</b>	
<b>NE3</b>	Do all middle school students receive sequential and comprehensive nutrition education?	<b>0</b>	<b>2</b>	

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<b>NE4</b>	Do all high school students receive sequential and comprehensive nutrition education?	<b>0</b>	<b>2</b>	
<b>NE7</b>	 Does nutrition education address agriculture and the food system?	<b>1</b>	<b>2</b>	
<b>PEPA15</b>	Does the district have "joint-use" or "shared-use" agreements?	<b>1</b>	<b>2</b>	
<b>PEPA17</b>	 Are teachers encouraged to use physical activity as a reward for students?	<b>1</b>	<b>2</b>	
<b>PEPA18</b>	Do teachers ever use physical activity as a punishment?	<b>1</b>	<b>2</b>	

## Opportunities for Growth

		<b>Policy Score</b>	<b>Practice Score</b>	
<b>FR13</b>	Which groups are represented on the district-level wellness committee?	<b>1</b>	<b>1</b>	
<b>NES5</b>	Are marketing strategies used to promote healthy food and beverage choices in school?	<b>1</b>	<b>1</b>	
<b>NES7</b>	 In your district, is it a priority to procure locally produced foods for school meals?	<b>1</b>	<b>1</b>	
<b>NES9</b>	Are you familiar with any state laws allowing exemptions for school-sponsored fundraisers during which foods and beverages do not have to meet Smart Snacks?	<b>0</b>	<b>1</b>	
<b>NES10</b>	Are foods or beverages containing caffeine sold at the high school level?	<b>0</b>	<b>0</b>	
<b>NES12</b>	Do all foods or beverages SOLD (not served) to students after the school day on school grounds (including aftercare, clubs, and afterschool programming) meet federal nutrition standards (e.g., CACFP or Smart Snacks)?	<b>0</b>	<b>0</b>	
<b>NE5</b>	Is nutrition education integrated into other subjects beyond health education?	<b>1</b>	<b>1</b>	
<b>NE6</b>	Do school nutrition services staff members use the following methods to collaborate with teachers to reinforce nutrition education lessons taught in the classroom?	<b>1</b>	<b>1</b>	
<b>PEPA11</b>	 Are there opportunities for families and community members to engage in physical activity at school?	<b>1</b>	<b>1</b>	

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PEPA14	 Do teachers provide regular physical activity breaks for students in the classroom?	1	1	
PEPA16	What proportion of students walk or bike to school?	1	1	
PEPA19	Do teachers ever withhold physical activity as a classroom management tool?	0	1	

## Conclusion

### Key



**Strong Policies and Aligned Practices** - District has a strong policy and is fully implementing practices that align with the policy



**Create Practice Implementation Plan** - District has a strong or weak policy, but practice implementation is either absent or limited



**Update Policies Update Policies** - District is fully implementing a practice but there is no or only weak language in the written policy, or the district is partially implementing practices and there is no language in the policy



**Opportunities for Growth** - District has either not addressed the topic in policy or practice; or has only addressed the topic in a very limited way

For more resources, visit: [wellsat.org/resources](https://wellsat.org/resources)

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### USDA Nondiscrimination Statement

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Persons with disabilities who require alternative means of communication for program information (e.g., Braille, large print, audiotape, American Sign Language, etc.) should contact the state or local agency that administers the program or contact USDA through the Telecommunications Relay Service at 711 (voice and TTY). Additionally, program information may be made available in languages other than English.

To file a program discrimination complaint, complete the USDA Program Discrimination Complaint Form, [AD-3027](#), found online at How to File a Program Discrimination Complaint and at any USDA office or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call 866-632-9992. Submit your completed form or letter to USDA by:

1. **Mail:**  
U.S. Department of Agriculture  
Office of the Assistant Secretary for Civil Rights  
1400 Independence Avenue, SW, Mail Stop 9410  
Washington, D.C. 20250-9410;
2. **Fax:**  
(202) 690-7442; or
3. **Email:**  
[program.intake@usda.gov](mailto:program.intake@usda.gov)

This institution is an equal opportunity provider.

## Policy Assessment: Osage Co. R-I 2026 (6/2026)

### District: OSAGE CO. R-I

Congratulations! You have completed the WellSAT Policy Assessment. You can see your Policy scores for each item below. Please note if you are missing any of the federal requirements in Section 1. Items with a rating of "0" (item not addressed in the policy) or "1" (weak statement addressing the item) can be improved by referring to the links at [wellsat.org/resources](https://wellsat.org/resources).

#### Section 1. Federal Requirements


<b>FR1</b>	Includes goals for nutrition education that are designed to promote student wellness.	<b>2</b>
<b>FR2</b>	Assures compliance with USDA nutrition standards for reimbursable school meals.	<b>2</b>
<b>FR3</b>	District takes steps to protect the privacy of students who qualify for free or reduced priced meals.	<b>NA</b>
<b>FR4</b>	Free drinking water is available during meals.	<b>1</b>
<b>FR5</b>	Ensures annual training for food and nutrition services staff in accordance with USDA Professional Standards.	<b>2</b>
<b>FR6</b>	Addresses compliance with USDA nutrition standards (Smart Snacks) for all food and beverages sold to students during the school day.	<b>2</b>
<b>FR7</b>	Regulates food and beverages sold in a la carte.	<b>1</b>
<b>FR8</b>	Regulates food and beverages sold in vending machines.	<b>2</b>
<b>FR9</b>	Regulates food and beverages sold in school stores.	<b>1</b>
<b>FR10</b>	Addresses fundraising with food to be consumed during the school day.	<b>2</b>
<b>FR11</b>	Regulates food and beverages served at class parties and other school celebrations in elementary schools. Use N/A if no elementary schools in district.	<b>1</b>
<b>FR12</b>	Restricts marketing on the school campus during the school day to only those foods and beverages that meet Smart Snacks standards.	<b>2</b>
<b>FR13</b>	Addresses how all relevant groups will participate.	<b>1</b>

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<b>FR14</b>	Identifies the officials responsible for compliance with all components of the local wellness policy in each school.	<b>2</b>
<b>FR15</b>	Addresses making the wellness policy available to the public.	<b>2</b>
<b>FR16</b>	Addresses the assessment of district implementation of the local wellness policy at least once every three years.	<b>2</b>
<b>FR17</b>	Addresses making triennial assessment results available to the public and specifies what will be included.	<b>2</b>
<b>FR18</b>	Addresses a plan for updating policy based on results of the triennial assessment.	<b>2</b>

### Section 2. Nutrition Environment and Services


<b>NES1</b>	Addresses access to the USDA School Breakfast Program.	<b>2</b>
<b>NES2</b>	Addresses how the district protects students with unpaid meal balances from lunch shaming and ensures their privacy (e.g., students are not given a different meal, given a wrist band, or publicly identified).	<b>1</b>
<b>NES3</b>	Specifies how families are provided information about determining eligibility for free/reduced price meals.	<b>NA</b>
<b>NES4</b>	Specifies strategies to increase participation in school meal programs.	<b>1</b>
<b>NES5</b>	Specifies marketing to promote healthy food and beverage choices.	<b>1</b>
<b>NES6</b>	Addresses the amount of "seat time" students have to eat school meals.	<b>2</b>
<b>NES7</b>	 Addresses purchasing local foods for the school meals program.	<b>1</b>
<b>NES8</b>	USDA Smart Snack standards are easily accessed in the policy.	<b>2</b>
<b>NES9</b>	Exemptions for infrequent school-sponsored fundraisers.	<b>0</b>
<b>NES10</b>	Addresses foods and beverages containing caffeine at the high school level.	<b>0</b>

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<b>NES11</b>	Addresses nutrition standards for all foods and beverages served (not sold) to students after the school day, including before and aftercare on school grounds, clubs, and after school programming.	<b>0</b>
<b>NES12</b>	Addresses nutrition standards for all foods and beverages sold (not served) to students after the school day, including before and aftercare on school grounds, clubs, and after school programming.	<b>0</b>
<b>NES13</b>	Addresses food not being used as a reward.	<b>1</b>
<b>NES14</b>	Addresses availability of free drinking water throughout the school day.	<b>2</b>





### Section 3. Nutrition Education

<b>NE1</b>	Nutrition education teaches skills that are behavior focused, interactive, and/or participatory.	<b>2</b>
<b>NE2</b>	All elementary school students receive sequential and comprehensive nutrition education.	<b>2</b>
<b>NE3</b>	All middle school students receive sequential and comprehensive nutrition education.	<b>0</b>
<b>NE4</b>	All high school students receive sequential and comprehensive nutrition education.	<b>0</b>
<b>NE5</b>	Nutrition education is integrated into other academic subjects beyond health education.	<b>1</b>
<b>NE6</b>	Links nutrition education with the food environment.	<b>1</b>
<b>NE7</b>	 School curriculum addresses agriculture and the food system.	<b>1</b>

### Section 4. Physical Education and Physical Activity

<b>PEPA1</b>	 There is a written physical education curriculum for grades K-12.	<b>2</b>
<b>PEPA2</b>	The written physical education curriculum for each grade is aligned with national and/or state physical education standards.	<b>2</b>

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<b>PEPA3</b>	Physical education promotes a physically active lifestyle.	<b>2</b>
<b>PEPA4</b>	Addresses time per week of physical education instruction for all elementary school students.	<b>2</b>
<b>PEPA5</b>	Addresses time per week of physical education instruction for all middle school students.	<b>2</b>
<b>PEPA6</b>	Addresses time per week of physical education instruction for all high school students.	<b>2</b>
<b>PEPA7</b>	Addresses qualifications for physical education teachers for grades K-12.	<b>2</b>
<b>PEPA8</b>	Addresses providing physical education training for physical education teachers.	<b>2</b>
<b>PEPA9</b>	Addresses physical education exemption requirements for all students.	<b>2</b>
<b>PEPA10</b>	Addresses physical education substitution for all students.	<b>2</b>
<b>PEPA11</b>	 Addresses family and community engagement in physical activity opportunities at all schools.	<b>1</b>
<b>PEPA12</b>	 Addresses before and after school physical activity for all students, including clubs, intramural, and interscholastic opportunities.	<b>2</b>
<b>PEPA13</b>	Addresses recess for all elementary school students.	<b>2</b>
<b>PEPA14</b>	 Addresses physical activity breaks during school.	<b>1</b>
<b>PEPA15</b>	Joint or shared-use agreements for physical activity participation at all schools.	<b>1</b>
<b>PEPA16</b>	District addresses active transport (Safe Routes to School) for all K-12 students who live within walkable/bikeable distance.	<b>1</b>
<b>PEPA17</b>	 Addresses using physical activity as a reward.	<b>1</b>
<b>PEPA18</b>	Addresses physical activity not being used as a punishment.	<b>1</b>

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<b>PEPA19</b>	Addresses physical activity not being withheld as a punishment.	<b>0</b>
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### Section 5. Employee Wellness

<b>EW1</b>	 Addresses strategies to support employee wellness.	<b>2</b>
<b>EW2</b>	Encourages staff to model healthy eating and physical activity behaviors.	<b>2</b>

### Section 6. Integration and Coordination

<b>IC1</b>	Addresses the establishment of an ongoing district wellness committee.	<b>2</b>
<b>IC2</b>	Addresses the establishment of an ongoing school building-level wellness committee.	<b>2</b>


### Overall District Policy Score

Total Comprehensiveness	<b>District Score 89</b>
Total Strength	<b>District Score 66</b>


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## District: OSAGE CO. R-I





Congratulations! You have completed the WellSAT Policy Assessment and the WellSAT Practice Assessment. You can see your Policy and Practice scores for each item below. Each pair of responses is compared and linked to an outcome. These are explained below.

 **Strong Policies and Aligned Practices** - District has a strong policy and is fully implementing practices that align with the policy

 **Create Practice Implementation Plan** - District has a strong or weak policy, but practice implementation is either absent or limited













 **Update Policies Update Policies** - District is fully implementing a practice but there is no or only weak language in the written policy, or the district is partially implementing practices and there is no language in the policy

 **Opportunities for Growth** - District has either not addressed the topic in policy or practice; or has only addressed the topic in a very limited way

Section 1. Federal Requirements		Policy Score	Practice Score	
FR1	Does the district have specific goals for nutrition education designed to promote student wellness?	2	2	
FR2	Do your National School Lunch Program meals (and, if applicable, School Breakfast Program meals) meet all federal standards for meal patterns, nutrient levels, and calorie requirements for the grade levels served?	2	2	
FR3	Does your school take steps to protect the privacy of students who qualify for free or reduced-price meals?	NA	NA	
FR4	Is free (i.e., no cost to students) drinking water available to students during meals?	1	2	
FR5	Do all school nutrition program directors, managers, and staff meet or exceed the annual continuing education/training hours required by the USDA's Professional Standards requirements?	2	1	







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FR6	Do all competitive foods and beverages sold to students during the school day meet or exceed the USDA's nutrition standards, commonly called Smart Snacks?	2	1	
FR7	Do all a la carte foods and beverages sold in the cafeteria meet Smart Snacks standards?	1	2	
FR8	Do all foods and beverages sold in vending machines meet Smart Snack standards?	2	0	
FR9	Do all foods and beverages sold in school stores during the school day meet Smart Snack standards?	1	0	
FR10	Are there fundraisers that sell foods or beverages to be consumed during the school day? If yes, do the foods and beverages sold meet Smart Snacks standards?	2	0	
FR11	Does your district regulate foods and beverages served at class parties and other school celebrations in elementary schools?	1	0	
FR12	Is there food or beverage marketing on the school campus during the school day? If yes, do the marketed items meet Smart Snacks criteria?	2	2	
FR13	Which groups are represented on the district-level wellness committee?	1	1	
FR14	Is there an official who is responsible for the implementation and compliance with the wellness policy at the building level for each school?	2	2	
FR15	How is the wellness policy made available to the public?	2	2	
FR16	Is wellness policy implementation evaluated every three years?	2	2	
FR17	What is included in the triennial assessment report to the public?	2	2	











## Practice Assessment: Osage Co. R-I 2026 (6/2026)

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FR18	Has the wellness policy been revised based on the previous triennial assessment?	2	2	★
<b>Section 2. Nutrition Environment and Services</b>		<b>Policy Score</b>	<b>Practice Score</b>	
NES1	Does the district offer breakfast every day to all students?	2	2	★
NES2	Does your school take steps to address feeding students with unpaid meal balances without stigmatizing them?	1	NA	
NES3	Does your school or district provide information to families about eligibility for free or reduced-price meals?	NA	NA	
NES4	Does your school use strategies to maximize participation in the school breakfast program and/or school lunch program?	1	2	
NES5	Are marketing strategies used to promote healthy food and beverage choices in school?	1	1	
NES6	Do students have at least 10 minutes to eat breakfast and at least 20 minutes to eat lunch, counting from the time they are seated?	2	2	★
NES7	 In your district, is it a priority to procure locally produced foods for school meals?	1	1	
NES8	Do you know where to access the USDA Smart Snacks nutrition standards to check and see if an item can be sold in school during the school day?	2	2	★
NES9	Are you familiar with any state laws allowing exemptions for school-sponsored fundraisers during which foods and beverages do not have to meet Smart Snacks?	0	1	
NES10	Are foods or beverages containing caffeine sold at the high school level?	0	0	












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NES11	Do all foods or beverages SERVED (not sold) to students after the school day on school grounds (including aftercare, clubs, and afterschool programming) meet federal nutrition standards (e.g., CACFP or Smart Snacks)?	0	2	
NES12	Do all foods or beverages SOLD (not served) to students after the school day on school grounds (including aftercare, clubs, and afterschool programming) meet federal nutrition standards (e.g., CACFP or Smart Snacks)?	0	0	
NES13	Do teachers or school staff give students food as a reward?	1	0	
NES14	Do students have consistent and easy access to free drinking water throughout the school day?	2	2	
<b>Section 3. Nutrition Education</b>		<b>Policy Score</b>	<b>Practice Score</b>	
NE1	Are skills-based, behavior-focused, and interactive/participatory methods used in nutrition education to develop student skills?	2	1	
NE2	Do all elementary school students receive sequential and comprehensive nutrition education?	2	2	
NE3	Do all middle school students receive sequential and comprehensive nutrition education?	0	2	
NE4	Do all high school students receive sequential and comprehensive nutrition education?	0	2	
NE5	Is nutrition education integrated into other subjects beyond health education?	1	1	
NE6	Do school nutrition services staff members use the following methods to collaborate with teachers to reinforce nutrition education lessons taught in the classroom?	1	1	













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NE7	 Does nutrition education address agriculture and the food system?	1	2	
<b>Section 4. Physical Education and Physical Activity</b>		<b>Policy Score</b>	<b>Practice Score</b>	
PEPA1	 Does the district have a written physical education curriculum that is implemented consistently for every grade?	2	2	
PEPA2	Does the district have a written physical education curriculum that is aligned with national and/or state standards?	2	2	
PEPA3	How does your physical education program promote a physically active lifestyle?	2	2	
PEPA4	How many minutes per week of PE does each grade in elementary school receive?	2	0	
PEPA5	How many minutes per week of PE does each grade in middle school receive?	2	0	
PEPA6	How many minutes per week of PE does each grade in high school receive?	2	0	
PEPA7	Are all physical education classes taught by state certified/licensed teachers who are endorsed to teach physical education?	2	2	
PEPA8	Is ongoing professional development offered every year for PE teachers that is relevant and specific to physical education?	2	2	



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PEPA9	What percentage of students do you estimate do not take PE each year due to exemptions?	2	2	☆
PEPA10	What percentage of students do you estimate do not take PE each year due to substitutions?	2	2	☆
PEPA11	 Are there opportunities for families and community members to engage in physical activity at school?	1	1	
PEPA12	 Are there opportunities for all students to engage in physical activity before and after school?	2	2	☆
PEPA13	Is there daily recess for all grades in elementary school?	2	2	☆
PEPA14	 Do teachers provide regular physical activity breaks for students in the classroom?	1	1	
PEPA15	Does the district have "joint-use" or "shared-use" agreements?	1	2	
PEPA16	What proportion of students walk or bike to school?	1	1	
PEPA17	 Are teachers encouraged to use physical activity as a reward for students?	1	2	
PEPA18	Do teachers ever use physical activity as a punishment?	1	2	
PEPA19	Do teachers ever withhold physical activity as a classroom management tool?	0	1	
<b>Section 5. Employee Wellness</b>		<b>Policy Score</b>	<b>Practice Score</b>	
EW1	 Are there strategies used by the school to support employee wellness?	2	2	☆

**Practice Assessment: Osage Co. R-I 2026 (6/2026)**

**District: OSAGE CO. R-I**

EW2	Are school staff encouraged to model healthy eating and physical activity behaviors in front of students?	2	1	
<b>Section 6. Integration and Coordination</b>		<b>Policy Score</b>	<b>Practice Score</b>	
IC1	Is there an active district-level wellness committee?	2	2	
IC2	Is there an active school-level wellness committee?	2	1	